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solutions for kids in pain
pour la douleur chez les enfants

Pain Fact of the Month

Children with cancer need to have their needle pain optimally managed

Combining pain management techniques best reduces pain from needle pokes

The child and their family should be empowered to select pain management techniques that work best for them

Active distraction techniques should be used for all needle pokes

Age-appropriate education and preparation should always be provided to children and their families to prepare for needle pokes



Numbing cream should be used for all skin-breaking procedures, with sedation or anesthesia for complex ones

Pain and distress should be continually assessed during the course of treatment

Loeffen EAH, et al. Reducing pain and distress related to needle procedures in children with cancer: a clinical practice guideline. Eur J Cancer 2020;131:53-61.

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