



# Pain Fact of the Month

## Pain management in children with sickle cell disease should include different treatment approaches

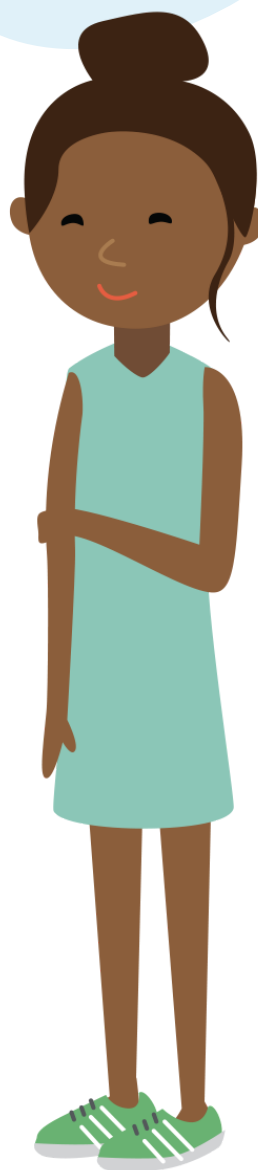
Children should have a **personalized home management plan** for their pain

Each pain episode (acute or chronic) may need to be treated differently

Pain may need to be managed with **psychological strategies** and/or **opioid medicines**

The care team should be **multidisciplinary** and can include a: **hematologist, mental health professional, nurse, social worker, and pain specialist**

Children should receive **timely, non-judgmental treatment**



Brandow AM, DeBaun MR. Key components of pain management for children and adults with sickle cell disease. Hematol Oncol Clin N Am 2018;32:535-50.



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