

In this house, we treat kids' pain



Assess & document pain

Use a validated pain scale (e.g., Faces Pain Scale Revised, 0-10 verbal numerical rating scale) to assess your patient's pain, and then document it!

Treat pain early

Provide early analgesia to ensure your patient is comfortable, and reassess their pain regularly!



Use topical anesthetics (e.g., LET & Maxilene)

Big kids feel pain, too! Use topical anesthetics before bloodwork, IVs, and suturing for all your patients, young and older!

Use distraction

Distract your patient by having them watch a video, play on an iPad, or by talking to them to help lessen their pain!



Treating children's pain matters in the emergency department!